

**COMPLETE  
PRESCRIBING INFORMATION**

**OS-CAL® D  
(Calcium Carbonate and Vitamin D Tablets)**

**Vitamin and Mineral Supplement**

©  
**WYETH-AYERST CANADA INC.  
MONTREAL, CANADA**

**\*\*Reg'd User  
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*Made in Canada by arrangement with MARION MERRELL DOW*

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**NAME OF DRUG**

Each OS-CAL D 500 contains 1250 mg of calcium carbonate from oyster shells, equivalent to 500 mg of elemental calcium, and 125 IU (International Units) of Vitamin D<sub>3</sub>.

**INDICATIONS**

OS-CAL D is indicated as a dietary supplement where calcium and vitamin D intake may be inadequate.

**CONTRAINDICATIONS**

Hypercalcemia and hypercalciuria; severe renal disease; calcium loss due to immobilization; if renal calculi are suspected.

**PRECAUTIONS**

Dietary and other sources of vitamin D should be evaluated to avoid excessive intake. Vitamin D should be used with caution during pregnancy and lactation as excessive doses may give rise to hypercalcemia in the offspring. Do not administer the drug if appendicitis is suspected.

The following laboratory tests and/or values may be modified during the use of the drug: serum calcium and serum gastrin concentration may increase; systemic and urinary pH may increase; serum phosphatase concentration may decrease.

Oxalic acid-containing foods, such as rhubarb and spinach, and phytic acid-containing foods, such as bran and whole-grain cereals, should be avoided since concurrent use may inhibit calcium absorption.

**ADVERSE REACTIONS**

Constipation may occur occasionally with high calcium carbonate intake.

**SYMPTOMS AND TREATMENT OF OVERDOSAGE**

Excessive intake of OS-CAL D, or intake in the presence of renal insufficiency, may give rise to anorexia, nausea, vomiting, vertigo, headache, loss of appetite and thirst. If any of these symptoms occur dosage should be reduced or, depending on severity, treatment withdrawn. The patient's calcium and vitamin D intake, as well as renal function, should be assessed before continuing medication.

**DOSAGE AND ADMINISTRATION**

The minimum daily recommended doses for calcium and vitamin D are, respectively, 125 mg and 200 IU.

The recommended dosage for OS-CAL D is: One tablet 2 or 3 times a day with meals.

**AVAILABILITY**

OS-CAL D is available in blister packs containing 30 tablets and bottles of 100 tablets.

Non-medicinal ingredients (Os-Cal 500 with Vitamin D) : Calcium Stearate, Corn Syrup Solids Dri-sweet, Dye Opadry Clear, Dye Opadry Gray, Flavor Ethyl Vanillin, Methylparaben, Polysorbate 80, Propylparaben, Sodium Starch Glycolate, Starch Corn, Talc.

Dye Opadry Gray : Hydroxypropyl Cellulose, Hydroxypropyl Methylcellulose, Polyethylene Glycol, Synthetic Black Iron Oxide, Titanium Dioxide.

Dye Opadry Clear : Hydroxypropyl Methylcellulose, Polyethylene Glycol.

**STORAGE**

Store at room temperature.